

Have you lost a loved one in the last few years?

Does that make you feel a little unsettled about the coming holidays?

The Healing from Loss group is

having a special meeting to think and talk about this topic. It often helps to learn about the feelings, experiences and ideas of others in the same situation.



This single meeting will be on Tuesday, December 3, from 2:00-4:00, at St. Vincent de Paul Catholic Church in Huntington Beach in Room C.

For more information, please contact Faye Fern, at 714-376-2033, or Nancy Sink, at 714-724-1732.