



# TOTALLY GIVEN

*...to His Heart*

## *Discernment Retreats*

Discover the beauty of religious life, the gift of Carmelite Spirituality, and the freedom of opening your heart to the unique plan God has for your life.

***October 25-27, 2024***

Wheatridge, Colorado

***December 27-30, 2024***

Alhambra, California

***March 1, 2025***

Miami, Florida

***May 22-25, 2025***

Alhambra, California



For more information or to register, visit our website:  
<https://bit.ly/discernment-2425>



***Carmelite Sisters of the Most Sacred Heart of Los Angeles***

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